

WEEK COMMENCING: 25TH APRIL, 16TH MAY, 6TH 27TH JUNE, 18TH JULY, 19TH SEPT, 10TH OCT

MONDAY

Vegetable Spicy Rice 

Beef Burger in a Bun  with Potato Wedges

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 

Seasonal Vegetables 

Golden Crispy Cake 

TUESDAY

Quorn Meatball in Tomato Sauce, Pasta & Garlic Bread 

Cottage Pie 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 

Seasonal Vegetables 

Apple Sponge and Custard 

WEDNESDAY

Cheese & Onion Quiche with Roast Potatoes 


Roast Chicken  or Roast Pork, Yorkshire Puddings, Roast Potatoes & Gravy

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 

Seasonal Vegetables 

Ice Cream with Peaches & Fruit Melba Sauce 

THURSDAY

Vegetable Stirfry with Noodles or Rice 

Margherita Pizza 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 

Seasonal Vegetables 

Jam & Coconut Sponge with Custard 

FRIDAY

Cheesy Pasty & Chips 

Fish Fingers & Chips 

Jacket Potato & Cheese , Baked Beans , Coleslaw , Tuna or Salmon Mayo 

Seasonal Vegetables 

Chocolate Brownie 


WEEK 1

WEEK 2

WEEK 3

WEEK COMMENCING: 2ND, 23RD MAY, 13TH JUNE, 4TH 25TH JULY, 5TH 26TH SEPT, 17TH OCT

MONDAY

Tomato & Herb Puff with Potato wedges 

Quorn Korma with Rice 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 




Seasonal Vegetables 

Chocolate Shortbread 

TUESDAY

Vegetable Lasagne 

Sausage with Mashed Potato & Gravy 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 

Seasonal Vegetables 

Fruit Cobbler & Custard 

WEDNESDAY

Sweet Potato & Pepper Frittata with New Potatoes 


Roast Chicken  or Roast Gammon, Yorkshire Puddings, New Potatoes & Gravy

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 

Seasonal Vegetables 

Strawberry Vanilla Frozen Mousse 

THURSDAY

Vegetable Bolognese with Pasta 

Chicken & Sweetcorn Pizza 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 





Seasonal Vegetables 

Pineapple Upside Down Sponge 

FRIDAY

Macaroni Cheese 

Battered Fish & Chips 


Jacket Potato & Cheese , Baked Beans , Coleslaw , Tuna or Salmon Mayo 

Seasonal Vegetables 

Lemon Muffins 

WEEK COMMENCING: 9TH 30TH MAY, 20TH JUNE, 11TH JULY, 1ST AUG, 12TH SEPT, 3RD, 24TH OCT


MONDAY

Quorn Hot Dogs with Potato Wedges 

Margherita Pizza 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 




Seasonal Vegetables 

Apple Strudel 

TUESDAY

Tomato Pasta Bake with Garlic Bread 


Meat & Potato Pie, Boiled Potatoes & Gravy 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 



Seasonal Vegetables 

Chocolate Sponge with Chocolate Sauce 

WEDNESDAY

Cheese & Bean Wrap 

Roast Turkey Yorkshire Puddings, Roast Potatoes & Gravy 


Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 



Seasonal Vegetables 

Peach Fool 

THURSDAY

Sweet Potato Curry with Rice 

All Day Breakfast 

Jacket Potato & Cheese , Baked Beans , Coleslaw  or Tuna Mayo 





Seasonal Vegetables 

Sticky Toffee Pudding & Custard 


FRIDAY

Vegetable Gratin & Chips 

Fish Fingers & Chips 

Jacket Potato & Cheese , Baked Beans , Coleslaw , Tuna or Salmon Mayo 

Seasonal Vegetables 

American Pancake with Red Berry Sauce 

KEY



Vegetarian



Plant Based
Vegan Friendly

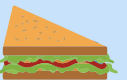


Halal Option
Available



Sustainably
Caught Fish

AVAILABLE
DAILY



A choice
of Filled
Sandwiches



Unlimited
Salad Bar



A choice of
Fresh Fruit

COMING
SOON



Look out for our new app,
designed to make ordering
and paying for meals
even easier!

Click here for meal ordering
and payment information

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to improve our recipes so that they're still delicious but also better for you and the planet! One way we've done this is by adding more plant based proteins such as red lentils and cannellini beans and that's meant...



WE'VE REDUCED
SATURATED FAT
BY 8%
PER PORTION



WE'VE ADDED
LENTILS & BEANS
WHICH CONTRIBUTE
TOWARDS PUPILS'
5-A-DAY



WE'VE INCREASED
FIBRE BY ABOUT
60%
PER PORTION

Our nutritionists talk
about the benefits of
the new recipes!



We've reduced our CO₂
emissions by an average of
420g per meal
with these new recipes!

That's the equivalent of
driving a medium sized
petrol car for almost a mile.

WHY NOT TRY ONE OF OUR RECIPES AT HOME?

Spaghetti Bolognese is a family favourite, our take on this classic will prove just as popular but is better for you & the planet!



CONTACT US:

✉ Payments and Meal Ordering

✉ Nutrition Guidance

FOLLOW US:

🐦 @ISS_Education



CLICK HERE
TO VISIT OUR
WEBSITE

MADE FROM GREAT INGREDIENTS,
BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE
FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE
FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific VALUE

...AND ABSOLUTELY FREE
FOR MANY, INCLUDING
EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswaite, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT
HOW MUCH YOU CAN SAVE